

Fall 2021



## WELCOME!

Dear International Students,

Welcome (back) to Canadore College! We are very pleased to have you with us.

This semester update is sent once every intake to new and returning international students at Canadore College. It seeks to provide all Canadore international learners with important updates, tips and resources to make them feel right at home at our vibrant college. Our next update will be issued in the Winter of 2022.

While the pandemic has upended our lives in many ways, the staff and faculty at Canadore College continue to be impressed by the fortitude and resilience shown by members of our entire student body.

We know that international students may, at times, face additional challenges and needs; thus, along with our updated [FAQs](#), our new and comprehensive [International Student Guide](#) and in collaboration with other campus support services, the International department at Canadore College is here to assist you on this journey.

Should you wish to reach out and ask for guidance on any matter pertaining to international students, please do not hesitate to contact us. For the most efficient response time, please see the [Who to Contact](#) page on the Canadore College international webpage.

Best wishes, and welcome again to Canadore College! We hope this semester will be positive and productive for all of you.

Canadore International

## INTRODUCING CANADORE'S NEW INTERNATIONAL DEPARTMENT MICROSITE!

[www.canadorecollege.ca/canadore-international](http://www.canadorecollege.ca/canadore-international) is the new college hub for all things international!

The new microsite addresses the needs of both international student learners, as well as assists Canadore domestic students and faculty with their international collaborations and projects. It also meets the needs of international agent partners and is the main coordinating unit for international academic partnerships.

Within these pages, we hope you will find information that serves to meet your needs, whether you are searching for answers (see our [FAQ](#)), need to request IDs or other documents, need support or have health insurance questions. Come check us out!

### Welcome to Canadore College

Students come to Canadore from as far away as Brazil, China, India, Malaysia, Peru and Nigeria. The International Office provides support to all international students including orientation to the local community, guidance on health insurance coverage and immigration-related matters through a dedicated team of International Student Advisors.

We offer students from around the world the unique opportunity to experience a culture that is truly Canadian.



#### Frequently Asked Questions

Looking for answers to your questions? Check out our FAQs covering many categories.

[View our International FAQ](#)



#### Study With Us

Found out more about Canadore College including:

- [How to apply](#)
- [Campus Information](#)
- [Canadore Supports](#)
- [Financial Assistance for International Students](#)



#### Advising and Supports

Canadore College offers a variety of supports to students. Learn more about supports including:

- [Contact an International Student Advisor](#)
- [Orientation](#)
- [iCent App](#)
- [Getting Involved](#)
- [Good to Know](#)
- [Events](#)



#### International Student Health Insurance

- [Health Insurance](#)
- [Guard.me](#)
- [On Campus Health Centre](#)
- [Supports](#)
- [Contact Us](#)

[Learn more about Health Insurance, Support and Services](#)

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## SPECIAL EVENTS

### *Health Insurance in Canada, Health Insurance Policy And FAQ*

Tuesday, October 26<sup>th</sup>: 10am to 12pm

### *GuardMe*

Thursday, October 28: 10am

### *CRA Session - CRA representative #1*

Wednesday, November 17<sup>th</sup>: 10 am

**\*\*Please keep an eye on iCent for the invites and links for the above events.**



### *International Department Parry Sound Drop-in Sessions*

The International department will be in Parry Sound for student drop-in sessions on the following dates:

- October 21, 2021
- November 15, 2021
- December 13, 2021
- January 17, 2022
- February 17, 2022
- March 17, 2022

Please keep an eye on iCent for the date, time, invite and link for the following events:

#### December 2021

- *Smart Living (Finance and Anti-Scam) - Associated Banking Representative*

#### February 2022

- *CRA Session - CRA representative #2*
- *GuardMe*

#### January 2022

- *PGWP Application*

#### March 2021

- *Extension of Study permit application*

#### April 2022

- *IRCC immigration webinar - IRCC representative*

## PAST EVENTS

### *Fall 2021 'Live' International Student Orientation on August 23.*

For more orientation videos, please see [here](#).

### *Immigration Law for International Students – Fall 2021 on August 24*

You can view the recording [here](#).

### *Career Development Workshops*

The Center for Career Development held online Career Development Workshops over the month of September.

These free online resume workshops examined:

- What employers are looking for
- Your top “selling points” and marketable qualities
- Effectively formatted Canadian Resumes

If you missed the above workshops, please keep an eye on iCent for upcoming dates!

## DID YOU KNOW?

You can find important dates such as breaks, holidays, tuition fee due dates and drop/withdrawal deadlines here:

**IMPORTANT DATES &  
DEADLINES**



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Photo by Andrea Piacquadio from Pexels

## **\*NEW\* TWINNING PROGRAM**

In collaboration with Student Success Services, Canadore College's International Department launched the new Twinning Program in September. The Program provides space for International and Domestic students to meet, connect and learn from one another.

This experience helps to welcome and integrate international students to our community while providing reciprocal learning of diverse international cultures, languages, cuisines and worldviews.

The Twinning Program seeks to foster a sense of community and connection to not only Canadore College, and the broader communities of North Bay and Parry Sound, but also elements of international global citizenship. As such, the program is an ideal mechanism to supplement your experience outside the classroom.

Finally, the Program endeavors each year to organize at least 2-3 events in the local community for program participants. These can range from an outing at the local ski hill and snowshoeing in the winter months, to camping and kayaking in the summer months (these events are in addition to the program Welcome and Concluding Events).

For more information: [\*\*Twining Program\*\*](#)

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## Your Chance to Have an Impact on the International Student Experience!

Help us preserve the current strengths and improve on gaps for all future international students by filling out the [2021 CBIE International Student Survey \(ISS\)](#) – a unique, national dataset that provides insights on the international student experience, from pre-arrival planning through study and post-graduate phases.

When students like you fill out this survey, it helps to drive informed, innovative practices by allowing us to understand the stories, motivations, and perceptions of international students who choose to study in Canada (just like you!).

We are excited to invite you to join us in this important national endeavour!

Please keep an eye out on the iCent app for the survey link coming in November!





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## INTERNATIONAL STUDENT SPOTLIGHT

Xinyu is from one of the oldest cities in the world, Beijing, tracing back 3000 years. Beijing is also home to seven World Heritage Sites including the largest palace in the world, the Forbidden City.

Xinyu was excited to apply for college in Canada. With a multitude of choices to make, Xinyu opted to attend College in North Bay for the abundance of natural outdoor attractions – our beautiful lakes, forests and trails; this along with the warmth and friendliness of the community of North Bay has resulted in an overwhelming feeling of comfort for Xinyu.

**Student Name:** Li Xinyu**Home Country:** Beijing, China**Program:** Digital Cinematography**Start Date:** September 2018**Completion Date:** April 2022

Canadore College is Xinyu's first education abroad experience and he is very pleased with his adventure so far. He has indicated that while the pandemic has had an impact on most of society, his education does not feel affected as he has had many outdoor practical classes. For the classes that he must complete online, he says the professors make the lessons

intriguing and take the time to patiently respond to each individual's questions and concerns. Xinyu is very grateful for his experience at Canadore, especially for his professors' understanding and the care they show for each student. He will graduate in April 2022 and has not decided yet whether he will return to China or pursue other opportunities here in Canada. Wishing you all the best in any choices you make, Xinyu!

### NEED AN ENROLLMENT LETTER?

You can request your enrollment letter  
through the Student Self-Serve:

**STUDENT SELF-SERVE**

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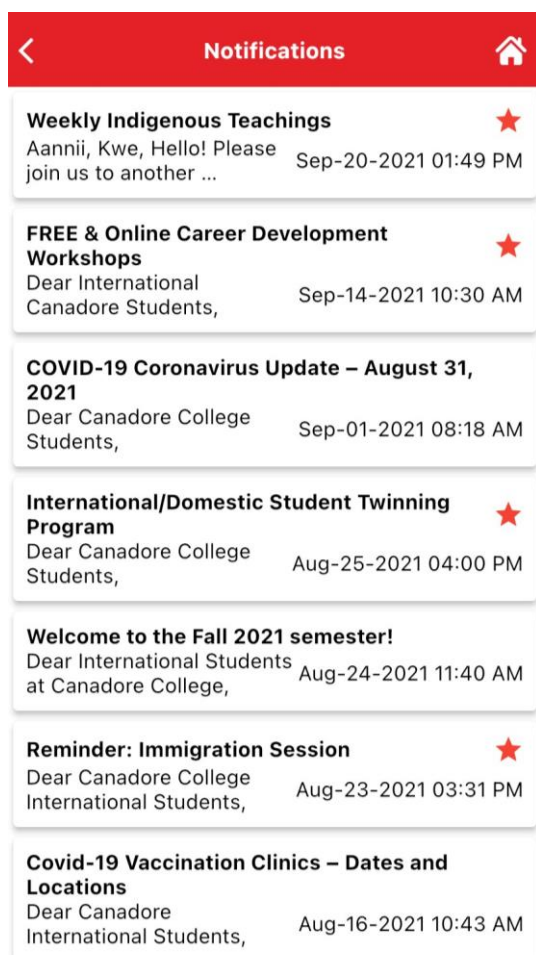
## iCENT APP

A good place for international students to begin their introduction to Canadore College and to the vibrant community of North Bay and Parry Sound is the [iCent App](#). Use of the iCent App is **mandatory** for international students at the College.

The iCent app includes access to the [International Student Guide](#), links to our comprehensive [FAQs](#), information on financial aid and student supports, student health insurance, and is also an important mechanism through which international students can receive important messages directly from the institution.

In other words, the iCent app is your one-stop-shop for all matters relevant to international students at Canadore College.

Here is a peek at some of our most recent notifications:



*If you would like to view any of these notifications, please download the iCent app and go to "Notifications".*





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**ARE YOUR  
CLASSES ONLINE?**

Find Spring and Fall 2021  
academic delivery by your  
campus here:

[\*\*ACADEMIC DELIVERY PLAN\*\*](#)

## IMMIGRATION UPDATES

***Program delivery update: COVID-19 – Travel restriction measures***

Instructions have been modified to align with the coming into force of Phase 3 of the Border Reopening plan on September 7, 2021. This includes an operational plan to process temporary resident visas.

The border measures:

- keep the existing travel restrictions for entry
- permit discretionary travel from foreign nationals who meet the [\*\*fully vaccinated exemption\*\*](#)

Exemption letters for immediate family members of temporary residents and for extended family members of Canadian citizens, persons registered as Indians under the Indian Act and permanent residents have been updated to remove references to the 3-night hotel stopover requirement for air travellers and adjust the reference to quarantine requirements for fully vaccinated foreign nationals.

Updated instructions:

- [\*\*Travel restriction measures: COVID-19 program delivery\*\*](#)
- [\*\*Non-optional and non-discretionary travel: COVID-19 program delivery\*\*](#)
- [\*\*Temporary residence: COVID-19 program delivery\*\*](#)
- [\*\*Electronic travel authorization \(eTA\): COVID-19 program delivery\*\*](#)
- [\*\*Temporary resident visas \(TRVs\): COVID-19 program delivery\*\*](#)

*Immigration updates continue below...*



**Fall 2021*****Beware of scams using false CBSA credentials***

The Canada Border Services Agency (CBSA) is warning the public about ongoing email, web, text messages and telephone scams in which people posing as officials from the CBSA are asking for payment or personal information, including Social Insurance Number (SIN). The methods and messages used by the scammers are varied and ever-changing, but always designed to demand money and lure the public into providing personal information.

In some cases, these scams use false CBSA information. Telephone calls may display numbers and employee names that falsely appear to be from the CBSA. Emails may contain CBSA logos, email addresses or employee names and titles to mislead the public.

The CBSA never initiates a request for social insurance number and credit card number by telephone or email. If an individual receives a telephone call or an email asking for this information, or requesting payments from the CBSA, it is a scam. If this happens, please ignore, hang up, don't answer the text or email and report the incident to the [Canadian Anti-Fraud Centre](#).

The public should look out for fraudulent webpages and mobile applications posing as [ArriveCAN](#) or the Electronic Travel Authorization (eTA) and asking for money. ArriveCAN is free and secure and is the official Government of Canada platform to provide your mandatory information before and after entering Canada. An application for an Electronic Travel Authorization can only be made and paid for through the [official Government of Canada website](#). An eTA is electronically linked to a traveller's passport and costs \$7 CAD.

It is important to be vigilant. These calls, emails, and other forms of fraud should be ignored and reported to the [Canadian Anti-Fraud Centre](#).

**Associated links**

- [CBSA Protect yourself against fraud](#)
- [CBSA Border Information Service \(BIS\)](#)
- [CRA Scams and fraud](#)
- [RCMP Canadian Anti-Fraud Centre](#)
- [Three common types of phishing scams - Get Cyber Safe](#)

***Program delivery update: Temporary Resident table of contents and Labour Market Impact Assessment (LMIA) exemption code table***

The table of contents for temporary residence program delivery instructions (PDIs) has been updated to reflect some name changes of the PDIs and to add in new PDIs that were recently developed.

The Labour Market Impact Assessment (LMIA) exemption code table has been updated to add in LMIA exemption codes that were developed in the last year.

**Updated instructions:**

- [Labour Market Impact Assessment \(LMIA\) exemption codes - International Mobility Program](#)
- [Functional guidance on temporary residents: Table of contents](#)

*Disclaimer: The International Department at Canadore College does not provide immigration or legal advice, and the contents of this correspondence should not be construed as such. Students are advised to consult IRCC or a qualified legal representative for advice on how to handle your personal immigration matters. To obtain information related to any immigration-related matter (including study and work permits), you can visit [IRCC's website](#).*

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## MANDATORY VACCINE AND QUARANTINING

Canadore College requires that all students, employees, visitors and contractors coming to any campus be fully vaccinated. This mandate affects all Canadore campuses – College Drive, Aviation, and Commerce Court in North Bay as well as West Parry Sound.

Here is what you need to know:

- All students, employees, visitors, and contractors coming onto a Canadore campuses must attest to their COVID-19 vaccination status;
- It is expected that all students and employees will have at least their first dose of a Health Canada approved vaccine by the first day of Fall Semester;
- Exemptions for medical or religious grounds protected under the Ontario Human Rights Code will be considered with the proper documentation; and
- Those with approved exemptions will be required to conduct regular rapid antigen COVID-19 testing. For more information click [here](#).

If you are an international student that intends to travel to Canada soon, please be reminded that you will need to satisfy the Canadian Government that you will adhere to strict quarantine requirements. **Please note a quarantine plan is mandatory for all students coming to Canada regardless of vaccination status.** However, students who qualify *may* be fully exempt from quarantine as noted [here](#). Please find steps for travel to Canada in the red box above.

### International Students Who Plan to Travel to Canada Must Follow These Steps:

1. Submit their isolation plan via iCent;
2. Request the travel support letter: [EmailMe Form - Travel Support Letter Request Form](#);
3. Have their plan approved and receive the travel support;
4. Upload their proof of vaccination via the ArriveCan app as indicated by the government of Canada [here](#);
5. Travel as planned and share information (such as the isolation plan and travel support letter) with the border officer if/when requested;
6. Await decision from CBSA at the border as to whether they must continue to their quarantine place or if they are exempted from quarantine.

**\*\*IMPORTANT:** Canadore College and the Quarantine team cannot confirm whether a student will be exempted. This decision can only be made by the appropriate authority such as a CBSA Border Officer.

### QUARANTINE HELPDESK AT CANADORE COLLEGE

Given the public health requirements that international students are subject to, Canadore College has set-up a dedicated team of advisors to assist international students with their travel and quarantine needs. A team of International Student Ambassadors can be reached, Monday to Friday, via email at [Quarantine.Approval@canadorecollege.ca](mailto:Quarantine.Approval@canadorecollege.ca) or by landline at +1 (705) 474-7600 ext 5425.

Please also consult the [Government of Canada Guide for International Students Arriving in Canada](#) from Abroad, a handy informative document.

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**Travelling to Canada?**

Please contact

[International.Insurance@canadorecollege.ca](mailto:International.Insurance@canadorecollege.ca)

prior to your arrival in Canada so appropriate health insurance coverage arrangements can be made or you.

## HEALTH INSURANCE

All International Students at Canadore College benefit from inclusion in a health insurance plan. For the health and safety of our students and community this is mandatory and included as part of international students' ancillary fees.

**Health Insurance Resources**

- A dedicated portal for Canadore College International students to access health insurance has been set-up and may be accessed [here](#).
- Guard.me International Student Health Insurance Orientation can be accessed [here](#).
- For more information, see the Guard.me International [Student Health Insurance Guide](#).

**Pregnancy and Pre-existing Conditions**

It is important for international students to be made aware that pregnancy-related expenses may or may not be covered by their health insurance policy. This depends, largely, on the coverage start date for the student.

If a student is pregnant prior to the start date of the policy, their condition may be considered 'pre-existing'\*. If this is the case, pregnancy-related expenses may not be covered by the health insurance plan.

\*Please note that a Pre-Existing Condition that was not stable in the 90 days immediately before Your Effective Date is not covered. This includes pregnancy before you arrive in Canada and any other medical condition which you knew you would need to or caused you to seek medical advice, diagnosis, care or Treatment in the 90 days before your effective date.

**HEALTH INSURANCE CONTACT**

For all questions and concerns related to health insurance at Canadore College, please contact:

[International.Insurance@canadorecollege.ca](mailto:International.Insurance@canadorecollege.ca)



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## YOUR INTERNATIONAL STUDENT ADVISORS

Living and studying in a new country can raise lots of questions. Whether you are in Canada or studying remotely, our dedicated team of International Student Advisors (ISAs) are here to help you with a wide variety of topics including:

- Study/work permits;
- Health insurance;
- Quarantine planning;
- Travel support letters;
- International Student Guide;
- Community Orientation.

In addition, our ISAs can help by directing and guiding you to appropriate resources on matters such as mental health and wellness services, financial accommodations, and international student housing.

Registered international students at North Bay/Parry Sound campuses, meet your International Student Advisors:

***Francine Teles***

While both ISAs will be able to address and redirect queries as needed, Ms. Teles is especially well placed to respond to queries related to health insurance matters.

International students registered at North Bay or Parry Sound campuses are welcome to book an appointment with Ms. Teles by using the following Calendly link:

<https://calendly.com/francineteles>

***Jingxuan Li (Hins)***

Mr. Li is especially well suited to address study and work permit-related queries. Hins is RISIA designated with the Immigration Consultants of Canada Regulatory Council (ICCRC).

International students registered at North Bay or Parry Sound campuses are welcome to book an appointment with Hins by using the following Calendly link:

<https://calendly.com/jingxuan-li>

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## EMOTIONAL WELLBEING

The last couple of years have not been easy and many people find themselves struggling to cope with the extra challenges life brings. Reaching out shows great courage and is the first step towards relief and healing. No matter where you are, there are many services and resources available to support your wellbeing. Please don't be afraid to reach out if you feel like your wellbeing is being affected.

The International Department along with Canadore's [Student Success Services](#) are here to support you - academically, socially and personally - with short-term (free), confidential mental health emotional wellbeing services. We offer support to help you develop skills, attitudes, abilities and insights to meet both academic and life challenges, assist you in overcoming personal challenges that may pose a barrier to your success, and connect you to additional community resources.

North Bay and Parry Sound campus registered students are welcome to reach out to our International Student Success Navigator, Yen, at <https://calendly.com/yenphito>, to talk about the challenges you may encounter during your studies. *Should appointment be unavailable through this link, please contact [studentsuccessnow@canadorecollege.ca](mailto:studentsuccessnow@canadorecollege.ca) to connect with one of our other Student Success Navigators.*

**If You or Someone You Know is in Crisis.**

Visit [More Feet on the Ground](#) in the [Are you in Crisis](#) section you will have access to national, provincial and international resources.

***\*\*If you require immediate, in-person emergency care, go to your nearest emergency department, or dial your local emergency services telephone number for immediate help***

*Disclaimer: The information provided in this correspondence is not intended as a substitute for medical professional help or advice but is to be used only as an aid.*



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## COMMUNICATING WITH OUR INTERNATIONAL DEPARTMENT

### ***New International Microsite!***

Canadore College's International Department introduced its very own microsite this Fall! Come visit us for all things international – from international support and assistance to international medical insurance, FAQs, etc!

<https://www.canadorecollege.ca/canadore-international>

### ***Correspondence Delays***

With several thousand international students registered in 2020-21, and with the pandemic resulting in greater uncertainty for almost all facets of life and study, reaching a staff member for help and support is more important than ever. The International Inbox ([international@canadorecollege.ca](mailto:international@canadorecollege.ca)) consistently receives hundreds of emails a day and response times are impacted as a result. At the present time, we are attempting to respond to emails within 5-7 business days.

### ***Who can I contact for the quickest response?***

For the most efficient response time, please find the most appropriate contact in the below "Who to Contact" sheets separated by campus:

**[North Bay/Parry Sound Students](#)**

**[Toronto Students](#)**

**\*IMPORTANT NOTE:** *contacting more than one person will result in further delays and will not help you in any way. We urge you to review the details outlined above and contact the individual who can direct your query most appropriately.*

### ***Frequently Asked Questions (FAQs) by International Students***

There is a wealth of resources available to international students on our Canadore College website. These include our [FAQs](#). Some of the topics available on our FAQs include: Admissions Requirements, Health Insurance, Travel to Canada, etc.

**Need a  
Completion Letter?**

You can request  
completion letters here:

**[COMPLETION LETTER](#)**

Photo by [Charlotte May](#) from Pexels



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## ROSH HASHANAH

Rosh Hashanah (Feast of Trumpets) is traditionally celebrated as the start of the Jewish New Year. Observing participants often attend synagogue services, enjoy festive meals with friends and family and eat symbolic foods such as apples dipped in honey. This year, Rosh Hashanah was celebrated on Monday September 6.



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